

Jigsaw PSHE lessons that support children returning to school after lockdown 2020

Topic	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Feeling safe	Age 3-4/Piece 2 Age 5-6/Piece 1 Age 7-8/Piece 2			Age 7-8/Pieces 4&5 Age 10-11/ Pieces 5&6	Age 5-6/Piece 4 Age 6-7/Piece 5 Age 10-11/ Piece 3	Age 8-9/Piece 5&6
Reconnecting with friends and school (BMIMW)	Age 3-4/Piece 3 Age 4-5/Piece 3 Age 5-6/Piece 2 Age 7-8/Piece 2 Age 8-9/Piece 1 Age 9-10/Piece 1 Age 10-11/ Piece 1	Age 3-4/Piece 5 Age 4-5/Piece		Age 8-9/Piece 1	Age 3-4/Piece 6 Age 4-5/Piece 6 Ages 8-9/Piece 4	
Keeping healthy (hygiene and hand washing)				Age 3-4, Piece 5 Age 4-5/Piece 5 Age 5-6/Piece 3		
Dealing with worries/ anxiety	Age 6-7/Piece 1 Age 7-8/Piece 2	Age 7-8/Piece 2		Age 10-11/ Pieces 5&6	Age 10-11/ Piece 3	Age 3-4 Piece 5 Age 4-5/Pieces 4&5 Age 5-6/Piece 6 Age 7-8/Piece 6 Age 8-9/Piece 5&6 Age 9-10/Pieces 5&6 Age 10-11/ Piece 6
Gratitude and appreciation/ positive thinking			Age 7-8/Piece 2 Age 8-9/Piece 4 Age 10-11/ Piece 2	Age 10-11/ Piece 1	Age 5-6/ Piece 6	Age 7-8/Piece 6 Age 8-9/Piece 6 Age 10-11/ Piece 6
Loss and bereavement			Age 8-9/Pieces 2&3	Age 10-11/ Pieces 5&6	Age 8-9/Pieces 2&3 Age 10-11/ Piece 3	Age 9-10/Piece 6