

AUTUMN/WINTER MENU - WEEK ONE

Aston Lodge Primary School

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Cheese and Tomato Pizza with Half a Jacket Potato	Chinese Chicken, Vegetables & Noodles	Roast of the Day, Roast Potatoes, & Gravy	Chicken Burger & Potato Wedges	Fish Fingers & Chips
VEGETARIAN OPTION	Loaded Wedges with Cheese or Beans	Cheese & Onion Pastry Roll & Wedges	Quorn Roast OR Roast Veggie Balls, Roast Potatoes, Gravy	Veggie Chilli & Mixed Rice	Macaroni Cheese
VEGETABLES	Green Beans Sweetcorn	Garden Peas Carrots	Cauliflower Seasonal Greens	Sweetcorn Carrots, Mixed Salad	Baked Beans Garden Peas
SANDWICHES	Freshly Made Sandwich with a Choice of Cheddar, Tuna Mayonnaise or Ham				
JACKETS OPTION	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
DESSERT	Vanilla Crunch	Ginger Sponge & Chocolate Sauce	Ice Cream	Shortbread Finger	Chocolate Crunch

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



AUTUMN/WINTER MENU - WEEK TWO



Aston Lodge Primary School

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Cheese and Tomato Pizza with half a Jacket Potato	Turkey Pasta Bolognese	Roast of the Day, Roast Potatoes, & Gravy	Chicken Meatballs, Tomato Sauce & Mixed Rice	Fish & Chips
VEGETARIAN OPTION	Loaded Wedges with Cheese or Beans	Tomato and Basil Pasta Bake	Roast Veggie Balls, Roast Potatoes & Gravy	Veggie Burger & Potato Wedges	Macaroni Cheese
VEGETABLES	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Sweetcorn Broccoli	Baked Beans Garden Peas
SANDWICHES	Freshly Made Sandwich with a Choice of Cheddar, Tuna Mayonnaise or Ham				
JACKET OPTIONS	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
DESSERT	Oaty Crunchy Biscuit	Melon & Pineapple Slices	Jelly & Mandarins	Jam Sponge & Custard	Chocolate Brownie

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



AUTUMN/WINTER MENU - WEEK THREE



Aston Lodge Primary School

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Cheese & Tomato Pizza with Jacket Wedges	Chicken Pie & Mashed Potato	Roast of the Day, Roast Potatoes, & Gravy	Sausage with Mashed Potato & Gravy	Fish Fingers & Chips
VEGETARIAN OPTION	Loaded Wedges with Cheese or Beans	Vegetable Korma with Mixed Rice	Quorn Roast, Roast Potatoes, & Gravy	Veggie Mince Pasta Bolognese	Macaroni Cheese
VEGETABLES	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Winter Greens Cauliflower	Green Beans Carrots	Baked Beans Garden Peas
SANDWICHES	Freshly Made Sandwich with a Choice of Cheddar, Tuna Mayonnaise or Ham				
JACKET OPTIONS	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
DESSERT	Hob Nob Cookie	Jelly & Mandarins	Flapjack Finger & Custard	Lemon Drizzle Cake	Frozen Toffee Yoghurt

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt

