

Anti-Bullying Week

By the Anti-Bullying Ambassadors.



Who are we ?

We are the anti-bullying ambassadors and it is our job to help you if you are being bothered or bullied.

We are...



Laila - Year 6

↳ I became an Anti-Bullying Ambassador because I don't like bullying or people being unkind to each other. As an Ambassador, I would like to change how people think of bullying and be someone for my friends to talk to if they are upset.



Jasmin - Year 6

↓ I became an Anti-Bullying Ambassador because I thoroughly enjoy helping people and caring for people. As an Ambassador, I would like to change the perception of what perceive to be bullying.



Autumn - Year 5

- ↳ I wanted to be an Anti-Bullying Ambassador because I want everyone in school to be kind to each other and to be happy to be at school.



Ellie - Year 4

- ↳ I wanted to be an Anti-Bullying Ambassador because I like helping and caring for people. I want to be the friend that people in school come too if they need a friend or someone to talk too.



Ethan - Year 3

↳ I wanted to be an Anti-Bullying Ambassador because I want to help the world. I want to help people in my school. If someone in my school feels like they're being bullied then I want to help them and tell a Teacher.



Charley - Year 3

- ↳ I wanted to become an Anti-Bullying Ambassador because I wanted to help people who are feeling sad and upset because I want everyone in our school to feel happy and be kind to each other.



What is bullying?

Bullying is a *repeated, negative behaviour that is intended to make other people upset, uncomfortable or unsafe.*

There are 3 types of bullying: *Verbal, Indirect and Physical.*

This stands for **VIP**.



VIP

V - Verbal bullying is the repeated, negative use of speech, sign language, or verbal gestures to intentionally hurt others, e.g. using hurtful words, discriminatory or offensive language, or swear words.

I - Indirect bullying is the repeated, negative use of actions, which are neither physical nor verbal, to intentionally hurt others e.g. spreading rumours, purposefully excluding another person, damaging or stealing someone's property, or cyberbullying.

P - Physical bullying is the repeated, negative use of body contact to intentionally hurt others, e.g. kicking, punching, slapping, inappropriate touching, or spitting.

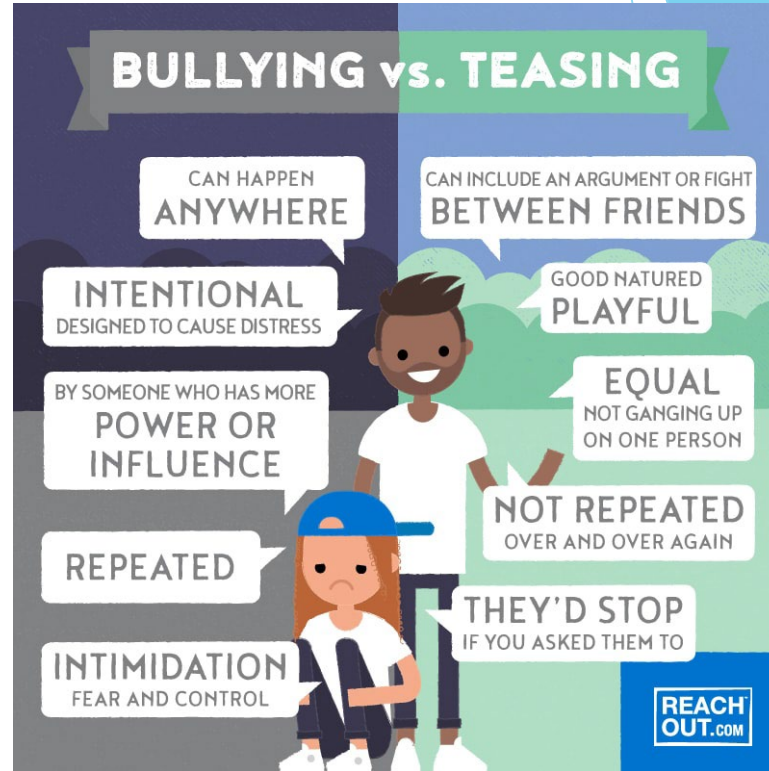
Cyber-Bullying

- ↳ Cyberbullying is the repeated, negative use of technology to intentionally hurt others e.g. posting unwanted pictures or messages, accessing another person's account without permission, creating fake accounts to impersonate or harass someone, and sharing other people's private information online.



Bothering not Bullying

- ↳ Bullying is repeated, negative behaviour that is intended to make other people upset, uncomfortable or unsafe.
- ↳ Bothing someone is when you do something to annoy a person. It can be an argument between friends. This doesn't happen all the time, it is not a repeated behaviour.
- ↳ If you think you're being bothered or bullied then you can come and talk to an anti-bullying ambassador and we will help you.



Who can you talk to?

- ↳ Anti-bullying ambassadors
- ↳ Teachers
- ↳ Mrs Cronin
- ↳ Friends
- ↳ Parents or guardians
- ↳ Grandparents
- ↳ Other family members

**TREAT
OTHERS**
the way
you
want to be
TREATED.

Bothering not Bullying

- ↳ At Aston Lodge Primary school, we are an anti-bullying school. We are proud to say we do not have any bullying at our school.



- ↳ Aston Lodge is an anti-bullying school!



Thank you for listening!

